



# SWAMISARANAM AyyappaVani

अय्यप्पवणि web News Magazine

**SABARIMALA AYYAPPA SEVA SAMAJAM (SASS)**  
Public Charitable Trust - Regd No.226/2008

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## Message

(Shree. S. Sethumadhavan, Patron,  
RSS Kendreeya Karyakari Sasadya)

All of you know that Sabarimala Ayyappa SevaSamajam(SASS) has started a web-magazine called "Ayyappavani". Lord Krishna was born in jail, similarly the birth of Ayyappavani also happened in a similar situation. Though people could not meet personally on a regular basis the birth of the magazine happened utilizing the facilities of modern digital technology.

When the field is flooded with similar publications, one may ask the relevance of Ayyappavani. Creating public awareness about the divine purpose of Ayyappa-incarnation as Kaliyuga-varada, is the mission of Ayyappavani.

The whole world is in the grip of Covid-19 pandemic. The modern world which is egoistically proclaiming having reached the pinnacle of scientific advance, is helpless in front of the fatal corona virus. The Hindu way of life, being propagated by SASS and practiced for times immemorial by orthodox, ordinary people, especially in food habits, personal hygiene, periodical fasting, pranayama, yoga, greeting with folded hands saying namaste keeping social distancing instead of shaking-hands, embracing, kissing, etc. have been once again proved to be the best practices to acquire self resistance, in the fight against Covid other fatal diseases and for a healthy life.

Our ancestors demonstrated the best way of life as per the Veda manthra: "Sarve-SanthuNiramaya"- may all be healthy- is being acknowledged by the whole world now.

We all are living in a peculiar dangerous situation where we face anti Hindu, anti social, anti national, pseudo secular, atheist etc. attacking from all sides with combined strength.

The divine purpose of Ayyappa-incarnation is - uniting and awakening Hindu community, Dharmajagarana, is to be repeated. Moral values in personal life, social commitment, selfless service devoid of all narrow minded, mean and biased thoughts, readiness to work for the achievement of noble goals are to be recreated in the society. Ayyappavani should be able to educate and empower people towards nature protection, patriotism, self reliance which are essential for a nation to survive, sustain and develop.

It should be able to reach out to people with the information on the activities of SASS regularly and with the message of vision and mission of Sabarimala Ayyappa SevaSamajam. Let Ayyappavani grow to new heights with more strength in quality contents.

## TATVAMASI (TAT-TVAM-ASI)

(Swamy Ayyappadas, National Vice Chairman)

VEDAS is the basis of Sanaathan Dharma/ Hindu Dharma. If there is something called 'Knowledge - GYAN' in the universe, everything originated from the Vedas. However, even though the whole world is ready to acknowledge this, we Hindus are reluctant to accept the facts. About 5000 year ago, the great sage Krishnadwaipayanan - Vyasa - divided the immortal, invaluable treasure of knowledge, VEDA into four as Rig-veda, Sama-veda, Yajur -veda and Atharva-veda. Later, Four Upanishads were written as questions & answers between Master and Disciple for clarification of doubts. The inner meanings of the four Vedas, explained through the four Upanishads came out by churning, these are reflected in the great four truths (sentence's) :-! Great sages AdiSankara, Jesus Christ, Sreenarayana Guru, ChattampiSwamikal, Swami Vivekananda etc. were searching an answer to the ever famous question - "Who Am I"? will be revealed, if you understand the inner meaning of the above Maha Vakya!

### VEDAS

Rig-veda	Sama-veda	Yajur-veda	Atharva-veda
Aithareya Upanishad	Bruhadaranyaka Upanishad	Chhandogya Upanishad	Mandookya Upanishad
Prjnanam Brahma	AhamBrahmasmi	Tatvamasi	AyamAtma Brahma
Gyan is Brahma	Iam Brahma	It is You	I am Atma, hence Iam Brahma

Your effort in search of an answer to the question "Who Am I" will bring you Here, though the route to reach Here is highly complicated, full of thorns.

Modifying the earlier way of life practiced till now with major changes, adhering to the strict rules and advices of a Guruswami (3rd person)- Vritha, with dedication, devotion and determination and reaching at the end of the travel towards divine bliss, enlightenment- is the doctrine of Sanathanadharama- that is Tat-TVam-Asi.

Strengthening of body and mind through tough rituals of vritha, you will be prepared to face any adversaries in the trekking route to Sabarimala. Passing through dense forest in the midst of wild animals and difficulties, with "Irumudi" containingpooja materials and the most important "Neithenga" (Ghee-Coconut) on the head, you reached below the holy 18 steps to get a glimpse of the Lord, Swamy Ayyappa, Sreebhothanatha, the head of Panchabhoothas-Prithvi/earth, Ap/water, Agni/fire, Vayu/air and Akash/sky.

Breaking a coconut symbolizing destruction your ego, you climb the 18 holy steps, steps to your final goal of

Moksha. Human body comprises 96 thatwa/doctrines/ principles in which 18 are very important and are to be compulsorily avoided. The essence and purpose of the strict rituals during the Vritha are to prepare your body and mind to overcome these 18 vices.

The first 5 steps represent Panchendriyas- 5 sense organs: eyes, nose, tongue, skin and ears, which always divert a person from his ultimate goal are to be under your control, though difficult in the worldly life, a truth-seeker should be able to acquire that mental power. The next 8 steps represent 8 negative characteristics which prevent man from attaining salvation: kaama -lust, krodha-anger, lobha-greed, moha -temptation, mada - pride, maatsarya-envy, ahankara -ego and dumpam-jealousy- which are to be removed from your mind. Next 3 steps represent Tri-gunas : Tamo-guna (lowest of the three-selfish, ignorance), Rajo-guna (a mixture of both Tamo & Satva gunas) and Satva-guna (Rishi like good quality, selflessness, sacrificing for others); One has to come out of all these tri-gunas, which are derived from Panchabhoothas. The last 2 steps represent Vidya- wrong knowledge that body is everything and Avidya- ignorance, thamo-guna(bad

qualities).

A devotee devoid off or abandoned all these 18 negative characteristics and gradually travelled and raised up from the lower Thamo-guna through Rajo-guna and attained superior Sathwa-guna" will be fit enough to get the divine blessings. When the divine knowledge glitters in you that "I am not this body, not the panchabhoothas, not the mere worldly knowledge....." and then "Who am I "...."I am Atma: Jeeva-Atma and is inseparable part of Param-Atma- the Supreme Power. When you reach the top of the 18 steps, SwamyAyyappa instills in you that whom you were searching till now is within you - That You Are =Tat-TVam-Asi.

The divine Ghee-Coconut (Neithenga), represents: Shell - your body and Ghee inside -your Jeeva-Atma, is merged with Paramatma by pouring the Ghee on the Murthy in the Sreekoil, symbolizing your attainment of Moksha-salvation. After taking the ghee from the coconut, the shell part (with flush) representing your body is put in the holy fire symbolizing cremation and the life after Swamydarsan is a new life of Good man devoid of all vices, a trueAyyappa!!!

## STORY OF ASHTAVAKRA & JANAKA

Many thousands of years ago, there was a great master named Ashtavakra. The name "Ashtavakra" means "one with eight different types of deformities in his body" because of a curse from his father.

When Ashtavakra was in his mother's womb, he gained tremendous mastery over the various dimensions of the Self from his father, Kahola's teachings. One day, in the process of transmitting the teachings, Kahola made a mistake. Ashtavakra, the unborn child, said "hum" from his mother's womb, indicating the mistake. Unfortunately, his father lost his temper and cursed the child to be born with eight types of deformities. Later acknowledging his penance, Lord

Krishna freed him from the curse and made him handsome with his embrace!

When Ashtavakra was still a very young man, he once accompanied his father to a great debate that had been organized by the ruler of the land, King Janaka. He was a true seeker, was burning to get enlightened and attended the debates and discussions to somehow know which is the way to enlightenment. Kahola initiated a debate and a great argument was underway between the best scholars there. Many intellectual questions were raised and the intricacies of the scriptures were being discussed, when Ashtavakra stood up and said, "All this is empty talk. None of these people know anything of the Self. They are

all talking about it, but not one person here including my father knows anything about the Self."

King Janaka looked at Ashtavakra - this young boy with a twisted-out body speaking like this - and said "Can you substantiate what you just said? Otherwise you will lose even that crippled body of yours."

Ashtavakra replied, "Yes I can."  
"Then what is it that you can offer?" asked Janaka.

Ashtavakra said, "If you want to receive this, you must be willing to follow my word to the limit". Janaka appreciated this straightforwardness and agreed to it.

(Continuation in 2nd Page)

मनस्यः वचस्यः कार्येचन्य दुरात्मनाम्/  
मनस्येकं वचस्येकं कर्मण्येकं महात्मनाम्//

Meaning: The thoughts of wicked and mean persons are different than what they speak and ultimately do, whereas the thoughts, their expression and subsequent action by the noble and righteous persons are always the same. i.e. what he thinks is what he says and what he says is what he does.

### Subhashitham-2

Manasanya vachasanya kaarye chaa nya duraatmanam.  
Manasyekam vachasyekam karmanyekam mahaatmanam.

### Launching of Worldwide Website

[www.sabarimalaayyappasevasamajam.org](http://www.sabarimalaayyappasevasamajam.org)

On the auspicious day -

01st Chingam 1196 (Malayalam New Year Day)

17th August 2020

SASS - Sabarimala Ayyappa Seva Samajam /Serve Ayyappa Seva Sabarimala



## CONTACT DETAILS – NATIONAL & STATES.

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Sri.S.Vinodkumar	99618 19639	National Treasurer
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Sri.M.K.Aravindakshan	98470 13651	Kerala State General Secretary
Sri. Dr. P.Ganesan	97893 00838	Tamil Nadu State Prabhari
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Sri.R.Sivaraman	94435 37588	North TN State General Secretary
Sri.Arungam	99440 16619	Puducherry State Gen. Secretary
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Sri.Talari Vinodkumar	92461 55022	Telangana State Gen. Secretary
Sri.Nayini Buchi Reddy	93910 05087	Telangana State Org. Secretary
Sri.Vasu Swami	98661 59833	Andhra State Co ordinator
Sri.Ravishankar	77099 98682	Goa State Co ordinator
Sri.N.Muthukrishnan	98337 00599	Kokan State Gen. Secretary
Sri.Maanu Raajan	98230 51161	Paschim Maharashtra StateGen. secretary
Sri.Anil Kumar	93701 28689	Vidarbha State Co ordinator
Sri.S.Anil Kumar	94079 85970	Chhattisgarh State Co ordinator
Sri. Saji bhaskar	96620 15365	South Gujarat State Gen. Secretary
Sri.C.Prabhakaran	92282 55410	North Gujarat State Gen. Secretary
Sri.Maneesh Nair	97273 36001	Sourashtra State Co ordinator
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Sri.Madhusoodanan Pillai	94250 60279	Malwa State Gen. Secretary
Sri.Vijayakumar Nair	90399 40382	Madhya Bharath State Gen. secretary
Sri.Mohanan	62065 69225	Jharkhand State Co ordinator
Sri.V.R.Raman	99712 49596	New Delhi State Org. Secretary
Sri.M. Venugopal	98712 26665	New delhi state patron

## SABARIMALA TEMPLE OFFERING & RATES

S.No	Offerings	Amount ₹	S.No	Offerings	Amount ₹
1	Usha Pooja	1000.00	12	Sahasra Kalasam	50000.00
2	Ucha Pooja	2500.00	13	Padi Pooja	75000.00
3	Nithya Pooja	3000.00	14	UdayasthamanaPooja	40000.00
4	Aravana	80.00	15	Sahasra Namarchana	50.00
5	Appam	40.00	16	Ashtothararchana	30.00
6	Ganapathi Homam	300.00	17	Neyyabhishekam	10.00
7	Bhagavathi Seva	2000.00	18	Abhishekam Neyy 100 ml	100.00
8	Pushpabhishekam	10000.00	19	Ayyappa Chakram	200.00
9	Kalabhabhishekam	10000.00	20	Thanka Anki Charth	10000.00
10	Ashtabhishekam	5000.00	21	Neeranjanam	100.00
11	Laksharchana	10000.00	22	Pushapalamkaram	50000.00

For more details refer [www.sabarimala.kerala.gov.in/offering-rates](http://www.sabarimala.kerala.gov.in/offering-rates)

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Ashtavakra said, "I live in the forest. Come there and we will see what to do." And he left.

After a few days, Janaka went in search of Ashtavakra in the forest. After many hours of searching, Janaka could find Ashtavakra sitting under a tree, in his tapovan- small ashram. Reaching the ashram, Janaka began to dismount from the horse. He was on one stirrup and his other leg was up in the air when Ashtavakra ordered, "Stop. Stop right there." Janaka just stopped in that absolutely uncomfortable position – hanging onto the horse, with one leg up in the air.

He just stood there in that absolutely awkward position for a long time/year. Because of that absoluteness of him following the instruction – just stopping there, where he has to be – he became a fully realized being.

Once Janaka became enlightened, he got off his horse and fell at Ashtavakra's feet and respected him as his guru. After detailed discussion and receiving secret and most valuable advices from guru

Ashtavakra, Janaka was blessed. He said goodbye and came out of ashram to leave to his palace. When Guru saw Janaka was about to mount on his horse, he just reminded - Gurudakshina. Janaka was on one stirrup and his other leg was about to lift up. Hearing the word Gurudakshina, Janaka just turned his head towards guru and submitted that "MyMidhila is my Gurudakshina". Guru acknowledged and told "thadhashtu". However, Janaka was not leaving, standing in that awkward position as statue with his big toe of one leg only in the earth, about to lift up. Ashtavakra asked ;Why you are not going? Janaka replied that "I surrendered my Midhila in your feet and now where should I go?" When the words "Midhila is surrendered" came out from his mouth, his whole body accepted this fact and even the last cell in his big toe of the leg also accepted this and was not ready to move further. That is the identity of a great person. What he thinks, the same comes out as words, and what he utters the action is on the same lines.

"Manasyekam vachasyekam  
karmanyekam mahatmanam".

## CHIRANJIVIS - The Immortals of Hindu Mythology.

अश्वत्थामा बलिव्यासो हनुमांश्च विभीषणः  
कृपश्च परशुरामश्च सदैव चिरंजीविनः।

Aswathama Balir Vyaso  
Hanumansha Vibhishana:

Krupashcha Parashuramascha  
Saptaitey Chiranjeevana: |

The above is the Chiranjivi Stotra in Sanskrit. It means, "Aswathama, King Mahabali, Veda Vyasa, Hanuman, Vibhishana, Kripacharya and Lord Parashuram are the Seven Immortals of Hindu mythology. They are the main death-defying, ever-living entities. Apart from the main seven,

Markandeya, a great rishi, is also considered as a Chiranjivi."

Some other famous mythological characters such as Jambavan, Devapi, Maru, the Saptarishis, Kak Bhusundi, Muchukunda and Banasura are also considered as chiranjivis.

Chiranjivi in Sanskrit refers to those who remain alive on Earth until the end of the current epoch, the Kaliyuga. The term is a combination of the words, "chiram" (permanent) and "jivi" (living being). It is the same as the term "amara", which also refers to "those who have no death".

In Hinduism, immortal implies the entities that live until the destruction of the Universes. This includes physical bodies that continue to live till the end of time, as well as the Tridevas (Brahma, Vishnu and Shiva) themselves.

Attributes of Chiranjivis

Each of the seven chiranjivis represents a different attribute of a human being, as follows:

1. Ashwathama, the son of Dronacharya, is a mighty warrior. He was born with a gem on his forehead, which gave him power over beings lower than human beings. He is a master of the arts and all

forms of knowledge – he is an expert of the 64 Kalas (arts) and 18 Vidyas. However, he is infamous for his cruelty of destroying Pandava dynasty for which Sreekrishna cursed him and later gave life to Pareekshith to save the dynasty. After doing penance Ashwathama became a Rishi.

2. Mahabali, grandson of Prahlada, was a wise and virtuous emperor of the three worlds, though demon was good and known for his daanam-gift. He ruled over Kerala for many years, until the manifestation of Vishnu in his Vamana Avatar. Vishnu himself blessed him to be a chiranjivi.

3. Vyasa, son of Rishi Parasara, was the erudite sage who divided Vedas into four, composed the Mahabharata, puranaas etc. He represents wisdom and piety.

4. Hanuman, Vayuputhra, is well-known for his selfless and loyal service towards Lord Rama. He is also known for his immense strength, devotion and moral conduct.

5. Kripacharya was the Guru of the Royal Princes in the Mahabharata. He too was devout, pious and virtuous and got blessings from Krishna.

6. Parashurama, son of Rishi Jamadagni, great Rishi, considered incarnation of Mahavishnu, held extensive knowledge about astras, shastras and other divine weapons.

7. Vibhishana was the brother of mighty Ravana, the demon King of Sri Lanka. He is known for his righteousness and adherence to Dharma and service to Rama.

It is believed that, by chanting the Chiranjivi Stotra, and by remembering these immortals, one can be free of all problems and can live a happy life well over 100 years.

## NEWS

An urgent meeting of the National Core Committee was convened on 8th June (video conference) in the presence of Padmashree P.R. Krishnakumar (Coimbatore Arya Vaidya Pharmacy) and Shri. S. Sethumadhavan. And it was resolved to protest against the Kerala Government's decision to open Sabarimala Temple for public darshan for Mithuna monthly pooja and Festival, when the spread of Covid is alarmingly high. Further a joint Press Note signed by the representatives of various Hindu organizations, Temple committees, Acharyas and head of religious Mutts was released appealing the Government to postpone the opening up of temples, especially Sabarimala till the Covid spread is brought under control. SASS had filed a writ petition in the High Court of Kerala and obtained a favourable Order.

As per the Central Committee decision and request, Konkani State conducted 'Online Global Ayyappa Singing and Music Competition' from 31st May to 10th June, 2020 with and without music for 5 different age groups. Previously the Kokan State had conducted Ayyappa picture drawing and SASS prayer singing competitions also.

SASS Paschim Maharashtra State, Pune based Sadhu Vaswani Mission and Attukal Devi Trust jointly arranged preparing food at a temporary kitchen set up in a nearby temple, and distributing to more than 500 people, daily to residents of Pimpri/Indryani Nagar slums at Kharwadi and Pimpri Goan at Pune, affected by Covid related lock down and the recent flood. Kokan State served food items to Janakalayanamsamithi and also directly at

Dharavi, Gujarat South and North jointly arranged bus for students from Vadodara to Trivandrum ; Karnataka conducted Annadanam at Tumakuru and Bengaluru; Andhra- Vijayawada they are daily serving 1000 peoples, Both North & SouthTamilnadu, Puducherry, Kerala and almost all states conducted Annadanam, distribution of Medicine, Mask etc.

NEC Meeting – video conference mode-on 1st June 2020. Presided over by National Chairman. 18 National/State level office bearers attended. The National webmagazine- Ayyappavani was released by our patron and RSS Kendreeya Karyakari Sadasya Shri.S.Sethumadhavan, by forwarding first copy of Ayyappavani to Brahma-shree Akkeraman Kalidasan Bhattathirippad, Kerala State President, on that auspicious Sabarimala Prathishtadinam.

4 Regional Meetings were conducted by National Executive Karyakarthis, attended by 61 State level Karyakarthis from 19 States on June 2,4,6,7.

SASS conducted a webinar talk, attended by more than 500 persons, on "Lord Ayyappa & ChathrapathyShivaji" by Sri. A.R.Mohanan, Kochi, on 3rd June to commemorate the 346th anniversary of Chathrapathy Shivaji Maharaj's Coronation – HaundaviSwaraj Day. The YouTube link were also published. More than 2500 persons viewed it.

On 31st May, 2020 UthramPooja was celebrated all over India in more than 30000 houses with Neeranjanam, Archana, Bhajan and Saranaghosham.

◀ **Previous Issues discussed:** Article on Our Organisation, message from the Chairman, Story of Sabarimala, opening and pooja timings at Sabarimala, national team of SASS, Subhashitham, news etc.

**Prospective issues to discuss:** Article on Challenges of Hindu, story of Sapathni Test – Rugmani& Satyabhama, message from Padmashree P.R. Krishnakumar, Rituals at Sabarimala Temple, Bharatheeya Kalachakra, Subhashitham, news etc. ▶